

## Squamish Bike Camp Program - FAQ Sheet

We are so excited to welcome your child back to Brennan Park this summer in a safe and fun environment.

Please take a moment to review the frequently asked questions. If you have any further questions, please contact us at 604.898.6895 or email [bikecamps@squamish.ca](mailto:bikecamps@squamish.ca) and we will respond to your inquiry as soon as possible as Brennan Park Recreation Centre is not open to the public for in-person registration inquiries at this time.

### **What precautions are you taking to prevent illness and the potential spread of COVID-19?**

- Campers will be grouped into cohorts of five children + one coach.
- Cohorts will follow proper physical distancing protocol as much as possible
- Supervised hand washing before and after each activity, and before and after each meal will take place.
- Daily health screenings are mandatory for all staff.

Coaches will have safety protocols in place for check-in, lunch, washroom utilization and staff training.

### **1. My child is learning to ride a bike – is this program for them?**

- This is **NOT a learn to ride program** – children must know how to ride a bike as they will be learning to ride off road (rocks, roots, gravel, loose terrain, etc.)

### **2. My child is an advanced rider – is this program appropriate for them?** – it depends, while we do separate kids into smaller groups based on their ability/experience, it's the group's *overall ability* that we adhere to. Please speak to a coordinator if you're unsure.

### **3. Age Groups:**

- **Can my 6 year old who is turning 7 in the fall attend the Mountain Bike Camp?**

Unfortunately there are no exceptions to this, children must be 7 by the start of camp ALWAYS.

The mountain bike camps are designed for a specific age range and ability. We will be offering more programs in the fall and spring, and we look forward to welcoming them once they are 7 years old.

Other providers in town may offer programming for kids under 7 years.

- **Can my 10 year old go into the camp for 7-9 year olds?**
  - i. Unfortunately there are no exceptions to this

- ii. The mountain bike camps are designed for a specific age range and ability. They will meet new friends and learn age appropriate skills in the appropriate age camp

**4. Drop Off and Pick Up**

- Day 1 - Please drop off early (8:45am) on the first day in order to make sure forms and waivers are filled out correctly.
- All forms must be brought on Day 1, Informed Consent form to be signed and witnessed by a staff/coach.

**5. Late Pick-Up Fee**

- Camp pick-up is by 3 p.m. daily. There will be a late charge of \$5 for the first 15 minutes after the end of the camp. After the first 15 minutes, a late charge of \$1 per minute will be applied

**6. If my child becomes sick mid-week will I get a refund?**

- If your child is sick at any time during the program please keep them at home and we will provide you with a pro-rated refund.
- If your child is sick, please notify us by calling or emailing our Program Coordinator at 604.898.6895 or [mfoster@squamish.ca](mailto:mfoster@squamish.ca).

**7. What do I do if I need to make arrangements to pick up my child unexpectedly?**

- If you need to make arrangements to pick up your child unexpectedly, you can call our Program Coordinator at 604.898.6895

**8. Do you have any subsidies for families affected by COVID or on Income Assistance?**

Yes. Squamish Residents who require financial assistance to participate in recreation programs will download a Recreation Access application form ([available here- insert hyperlink](#))

Once completed, applications will be reviewed by a 3<sup>rd</sup> party with approval by the Director of Recreations Services.

Please visit our section of the website for further details of the program.

<https://squamish.ca/recreation/recreation-programs-activities-and-facilities/programs-and-activities/>

**9. Typical Day at Squamish Youth Mountain Bike Program/Camp**

- Arrival
- Skills & Drills session
- Snack
- Ride
- Lunch & non-riding activity
- Ride/skills/learning (wildlife safety, BMX, etc.)

**10. Please ensure we have current email on hand, as we will be emailing you an itinerary and information. Read parent hand-book**

**11. No daily drop ins – why not?**

- Our camps are skill progressive. Riders learn certain skills at the beginning of the week, and build on them throughout the week

**12. Food – what do I send with my child**

- Healthy peanut and nut free lunch and snacks that they can open independently, (enough to have morning snack, lunch and afternoon snack). The days are long with tons of riding to be had. The children will be working hard and burning energy. They need lots of fuel to keep them going all day long.
- Plenty of water in an easily accessible water bottle or hydration pack.

**13. What should my child wear and pack?**

- Closed toe runners, skate shoes or bike shoes
- Bike helmet (**no full face helmets** – no exceptions (too hot!!)
  - i. Helmets must be worn at all times on the bike (climbing and descending),
- Shorts, bike jersey or breathable t-shirt (no cotton), long sleeve, light jacket if it is raining – *‘Rain or shine, we ride all the time!’*
- Hydration pack that has room to carry tools, tube, food and extra clothing

**14. What about my child’s bike?**

- Your child’s bike must be the appropriate size for them.
- Bikes must have front and rear brakes (no coaster brakes)
- Bikes must have gears
- Bikes must have air in the tires and be fully functional

**15. Will there be more information sent to me?**

- Yes a PARENT HANDBOOK will be sent to you one week before camp. Please be sure we have your up to date email address.

**16. Who will the instructors be?**

- Our instructors will be Recreation Services staff – trained with their first aid and Professional Mountain Bike Instructor Certification.

### Other Useful Information:

- **Waivers**
  - New – COVID-19 Waiver: A waiver will be emailed out along with below paperwork. The waiver must be filled out, signed by both guardians, and brought on the first day of camp
  - Medical and Informed Consent Forms – Forms will be emailed out along with the Parent Information email on Friday prior to the camp. Please print, fill out and sign. Bring with you on the first day of camp
- **COVID-19:**
  - All campers will be asked wellness screening questions each morning before being admitted into camp for the day

### How do I register?

- **Registration will be online only**
  - You will need your log in and password **prior** to registration day
  - If you have any questions, please ensure you contact us **prior** to registration day- June 29th
  - Please remember, Brennan Park is not open for customer service inquiries/ questions at this time should be directed to 604-898-3604 and [bikecamps@squamish.ca](mailto:bikecamps@squamish.ca)