

POOL SCHEDULE / AUGUST 1 - 7

Register at squamishlive.ca

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	STAT HOLIDAY	Lane Swim 6:15 - 7:15 a.m.	Lane Swim 6:00 - 6:45 a.m.	Lane Swim 6:15 - 7:15 a.m.	Lane Swim 6:00 - 6:45 a.m.	
		Lane Swim 7:30 - 8:45 a.m.	Lane Swim 7:00 - 7:45 a.m. AquaFit 8:00 - 8:45 a.m.	Lane Swim 7:30 - 8:45 a.m.	Lane Swim 7:00 - 7:45 a.m. AquaFit 8:00 - 8:45 a.m.	
Group Swim 9:00 - 11:00 a.m.	Group Swim 9:00 - 11:00 a.m.	Group Swim 9:00 - 11:00 a.m. Water Conditioning 10:00 - 11:00 a.m.	Group Swim 9:00 - 11:00 a.m. Water Conditioning 10:00 - 11:00 a.m.	Group Swim 9:00 - 11:00 a.m. Water Conditioning 10:00 - 11:00 a.m.	Group Swim 9:00 - 11:00 a.m. Water Conditioning 10:00 - 11:00 a.m.	Group Swim 9:00 - 11:00 a.m.
Group Swim 11:15 a.m. - 1:00 p.m.	Group Swim 11:15 a.m. - 1:00 p.m.	Group Swim 11:15 a.m. - 1:00 p.m. AquaFit 12:00 - 1 p.m.	Group Swim 11:15 a.m. - 1:00 p.m. Lane Swim 12:00 - 1:00 p.m.	Group Swim 11:15 a.m. - 1:00 p.m. AquaFit 12:00 - 1 p.m.	Group Swim 11:15 a.m. - 1:00 p.m. Lane Swim 12:00 - 1:00 p.m.	Group Swim 11:15 a.m. - 1:00 p.m.
Group Swim 1:15 - 3:30 p.m.	Group Swim 1:15 - 3:30 p.m.	Group Swim 1:15 - 3:30 p.m.	Group Swim 1:15 - 3:30 p.m.	Group Swim 1:15 - 3:30 p.m.	Group Swim 1:15 - 3:30 p.m.	Group Swim 1:15 - 3:30 p.m.
Group Swim 3:45 - 5:30 p.m.	Group Swim 3:45 - 5:30 p.m.	Group Swim 3:45 - 5:30 p.m.	Group Swim 3:45 - 5:30 p.m.	Group Swim 3:45 - 5:30 p.m.	Group Swim 3:45 - 5:30 p.m.	Group Swim 3:45 - 5:30 p.m.
Group Swim 5:45 - 8:00 p.m.		Group Swim 5:45 - 8:00 p.m.	Group Swim 5:45 - 8:00 p.m.	Group Swim 5:45 - 8:00 p.m.	Group Swim 5:45 - 8:00 p.m.	Group Swim 5:45 - 8:00 p.m.

