



SQUAMISH

**SQUAMISH RECREATION SERVICES
PARK PROGRAMS
COVID-19 & WORK SAFETY PLAN**

RECREATION SERVICES PARK PROGRAMS:

Due to the closure Brennan Park Recreation Centre caused by COVID-19, Squamish Recreation Services has created two separate park programs to assist with both redeploying rec staff and creating alternative outdoor programming.

- 1. Programs in the Park (PP):** to provide simple, safe programming to the community in each Neighbourhood hub (park) for all ages.
- 2. Park Ambassador Program (PA):** Patrol and monitor various DOS parks and trail heads while collecting data that will assist the District with its awareness, EOC response and community directed communications of COVID-19 risks. Additionally, to assist the District with reducing COVID-19 risks to the community, the Park Ambassadors will work closely with Public Works and Bylaws to improve amenity cleanliness and public safety.

PRINCIPLES:

1. Employee Safety: Adhering to WorkSafe BC, BCRPA Restart Guidelines and Provincial Health Guideline requirements.
2. Public safety: Provide all regular services to the public ensuring meeting of Provincial Health Guidelines: modify wherever possible to decrease in-person contact for services and then physical distancing, hygiene and required cleanliness, while remaining low barrier, friendly, and accessible.
3. Coordination, consistency and flexibility: adapting to program needs, and new information and Provincial orders.

REMINDER:

The provincial health officer and the BC Centre for Disease Control (BC CDC) have issued the following guidance around self-isolation:

- anyone with symptoms of COVID-19 including fever, chills, cough, shortness of breath, sore throat and painful swallowing, must self-isolate at home for a minimum of 10 days
- anyone under the direction of the provincial health officer to self-isolate must follow those instructions using the BC Self-Assessment tool or as directed by a medical professional
- anyone who has arrived from outside of Canada, or who is a contact of a confirmed COVID-19 case, is to self-isolate for 14 days and monitor for symptoms
- If you start to feel unwell while at work, isolate yourself and report it to your supervisor immediately.

RISK ASSESSMENT:

POTENTIAL HAZARD REVIEW:

- Dogs
- Disgruntled patrons
- Public avoiding physical distancing regulations, particularly children
- Managing high touch surfaces such as, but not limited to; waivers and sign in sheets, pens, equipment, park benches or playgrounds...etc.
- Public bathrooms, or lack of public bathroom facilities
- Lack of running water
- Exposure to various climates: Sun, heat, rain, snow
- Used needles or other sharp and hazardous materials
- Uneven surfaces and other tripping hazards

RISK REVIEW AND CONSIDERATIONS (BCRPA-RESTARTING GUIDELINES):

- Number of contacts:
 - » PP: control and limit the maximum number of participants to twelve (12)
 - » PA: avoid large crowds and maintain social distance with other staff
- Contact intensity:
 - » PP: all programs will be outside in open air. Each participants MUST maintain two (2) meter distance from staff and other participants.
 - » PA: All shifts will be outdoors and staff must maintain 2 meters of distance from other staff and members of the public.
- Ability to modify: recognizing when situations must be modified to ensure risks are lowered and that both staff and participants are taking all the necessary precautions.
- Phasing framework: Recognizing that programs can move forward and backwards along the BC Restart Phases upon recommendations by the Provincial health Ministry

SAFE WORK PROCEDURES:

- Regular sanitization and hygiene :
 - » Wash hands regularly for a minimum of 20 seconds with soap & water, including upon arriving for work, before and after breaks, after handling cash or other materials, and before and after handling common tools and equipment.
 - » When no running water is available, use hand sanitizer frequently. Hand sanitizer will be provided to all staff and will be readily available during programs.
 - » Sanitize all equipment before the beginning of a program and after program is completed along with any other high touch surface areas.
 - » Create and follow a schedule that will allow for enhanced cleaning.
- Sneeze or cough into your sleeve or a tissue and dispose of it right away. Wash hands with soap and water for at least 20 seconds or clean hands with alcohol-based hand sanitizer.
- Avoid touching your face with unwashed or gloved hands
- Practice social/physical distancing of 2m
- PP: At the beginning of each program read aloud the formal safety speech outlining guidelines for self-moderation, mandatory physical distancing and DOS deliberate approach to follow all
- WorkSafe BC COVID-19 protocols.
- Only one (1) person per vehicle when driving to and from program location.
- PPE: Staff may choose to wear a mask at their own discretion. The use of gloves is required when handling garbage or other documents.

FIRST AID GUIDELINES:

Due to the possibility of community infection of the COVID-19 virus, you will need to modify your standard first aid treatment to reduce potential transmission.

- Minor First Aid: If the patient can self-treat, place the required first-aid supplies on a surface 2 meters from the patient for them to pick up and apply the supplies. Then you can proceed to verbally direct patient how to apply treatment.
- Incident that cannot be self-treated: call 9-1-1

TRAINING:

Programs in the Park:

- Review the Final Guidelines as set out by Mandy Foster
- Review the supplies list
- Review COVID-19 and Safety Plan

Park Ambassador Program:

- Review Program Outline and Orientation package
- Participate in formal training webinar or make arrangements for a one-on-one appointment with Michelle Ford
- Review COVID-19 and Safety Plan

OTHER CONSIDERATIONS:

Preparing for All Weather Conditions:

- Hot temperatures: Wearing Sunscreen, hat, sunglasses, trying to remain in shady areas and bringing extra water to avoid heatstroke or overheating
- Cold temperatures: Wear layered clothing to allow you to make adjustments as the temperature decreases or increases through out the day. Tuque and gloves to keep body temperature warm.
- Wet weather: Wear waterproof jackets, pants and shoes to avoid getting wet and/or cold

Appropriate Clothing:

- Both programs require standing and walking for long periods. Make sure to wear appropriate and comfortable footwear and socks to avoid any foot pain or blisters throughout your shifts.
- Be sure to dress for the weather. (refer to “preparing for all weather considerations”)

SUPPORTING DOCUMENTATION:

BCRPA Restarting Guidelines: <https://www.bcrpa.bc.ca/COVIDGuideline>

BC's Restart Plan: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-responsererecovery/covid-19-provincial-support/bc-restart-plan#getting-back-to-work>

Health Canada Guidelines for Cleaning and Disinfecting Public Spaces:

<https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseasesconditions/coronavirus/cleaning-disinfecting-public-spaces/cleaning-disinfecting-public-spaces-eng.pdf>

WorkSafe BC COVID-19 and Returning to Safe Operation: <https://www.worksafebc.com/en/about-us/covid-19-updates/health-and-safety/covid-19-returning-safe-operation>

WorkSafe BC COVID-19 Information & Resources: <https://www.worksafebc.com/en/about-us/covid-19-updates>

WorkSafe BC Preventing Exposure to COVID-19 in the Workplace: A Guide for Employers:

<https://www.worksafebc.com/en/resources/about-us/guides/preventing-exposure-to-covid-19-in-the-workplace?lang=en>

OFAA Protocols during the COVID-19 Pandemic: <https://www.worksafebc.com/en/resources/healthsafety/information-sheets/ofaa-protocols-covid-19-pandemic?lang=en>

Squamish Library COVID-19 Restart Plan

District of Squamish Municipal Reopening COVID-19 Safety Plan



SQUAMISH