| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| 5:00 a.m. | | | | | | | |
| 5:15 a.m. | | | | | | | |
| 5:30 a.m. | | | | | | | |
| 5:45 a.m. | | | Minor Hockey | Minor Hockey | | | |
| 6:00 a.m. | | | 5:45 - 6:45 a.m | 5:45 - 6:45 a.m. | | | |
| 6:15 a.m. | Minor Hockey | Minor Hockey | | | Minor Hockey | | |
| 6:30 a.m. | 6:00 am - 9:15 am | 6:00 am - 8 am | | | 6:00 am - 9:15 a.m. | Minor Hockey | |
| 6:45 a.m. | | | | | | 6:30 am-7:30 am | Minor Hockey |
| 7:00 a.m. | | | Sea2Sky Skate Club | Sea2Sky Skate Club | | | 6 am - 11:45 am |
| 7:15 a.m | | | 7:00 - 8:15 a.m. | 7:00 - 8:15 a.m. | | | |
| 7:30 a.m. | | | | | | | |
| 7:45 a.m. | | | | | | Sea2Sky Skate Club | |
| 8:00 a.m. | | | | | | 7:45 - 10:15 a.m. | |
| 8:15 a.m. | | | | | | | |
| 8:30 a.m. | | Coast Mountain | Coast Mountain | Coast Mountain | | | |
| 8:45 a.m | | 8:30 - 9:30 a.m. | 8:30 - 9:30 a.m. | 8:30 - 9:30 a.m. | | | |
| 9:00 a.m | | | | | | | |
| 9:15 a.m | | | | | | | |
| 9:30 a.m | DOS PROGRAMMING | | | | DOS PROGRAMMING | | |
| 9:45 a.m | 9:30 - 3:30 p.m. | DOS PROGRAMMING | DOS PROGRAMMING | DOS PROGRAMMING | | | |
| 10:00 a.m | | 9:45 - 10:30 a.m. | 9:45:00 AM - 3:30 p.m. | 9:45 - 12:45 pm | 9:30 am - 3:30 p.m. | | |
| 10:15 a.m | | | | | | | |
| 10:30 a.m. | | | | | | Minor Hockey | |
| 10:45 a.m | | | | | | 10:30 - 11:45 a.m. | |
| 11:00 a.m. | | | | | | | |
| 11:15 a.m. | | | | | | | |
| 11:30 a.m. | | 10:30 am - 12:30 p.m. | | | | | |
| 11:45 a.m. | | | | | | | |
| 12:00 p.m. | | Maintenance | | | | Public Skate | Family/Public Skate |
| 12:15 p.m. | | | | | | 12:00 - 2:15 p.m. | 11:45 - 1:45 p.m. |
| 12:30 p.m. | | | | | | | |
| 12:45 p.m | | Don Ross | | | | | |
| 1:00 p.m. | | 12:45 - 1:45 p.m. | | Don Ross | | | |
| 1:15 p.m. | | | | 1:00 - 2:00 p.m. | | | |
| 1:30 p.m | | | | | | | |
| 1:45 p.m | | | | | | | |
| 2:00 p.m. | | | | | | | Minor Hockey |
| 2:15 p.m. | | | | | | | 2:00 - 8:45 p.m. |
| 2:30 p.m. | | | | | | Minor Hockey | |
| 2:45 p.m | | | | | | 2:30 - 9:00 p.m. | |
| 3:00 p.m. | | | | | | | |
| 3:15 p.m. | | | | | | | |
| 3:30 p.m | | Sea2Sky Skate Club | | | | | |
| 3:45 p.m. | Sea2Sky Skate Club | 3:30 - 6:00 p.m. | Sea2Sky Skate Club | Minor Hockey | Sea2Sky Skate Club | | |
| 4:00 p.m. | 3:45 - 7:15 p.m. | | 3:45 - 6:30 p.m. | 3:45 - 10:30 p.m. | 3:45 - 7:00 p.m. | | |
| 4:15 p.m. | | | | | | | |
| 4:30 p.m | | | | | | | |
| 4:45 p.m. | | | | | | | |
| 5:00 p.m. | | | | | | | |
| 5:15 p.m. | | | | | | | |
| 5:30 p.m. | | | | | | | |
| 5:45 p.m. | | | | | | | |
| 6:00 p.m. | | | | | | | |
| 6:15 p.m. | | Minor Hockey | | | | | |
| 6:30 p.m. | | 6:15 - 10:45 pm | | | | | |
| 6:45 p.m. | | | | | | | |
| 7:00 p.m. | | | Public Skate /Women & Youth | | | | |
| 7:15 p.m. | | | 6:45 - 9:30 p.m. | | Public Skate | | |
| 7:30 p.m. | Minor Hockey | | | | 7:15 - 9:00 p.m. | | |
| 7:45 p.m. | 7:30 - 10:30 p.m. | | | | | | |
| 8:00 p.m. | | | | | | | |
| 8:15 p.m. | | | | | | | |
| 8:30 p.m. | | | | | | | |
| 8:45 p.m. | | | | | | | |
| 9:00 p.m. | | | | | | Squamish Oldtimers | Women's Hockey |
| 9:15 p.m. | | | | | Minor Hockey | 9:15 - 10:30 p.m. | 9:00 - 10:00 p.m. |
| 9:30 p.m. | | | | | 9:15 - 10:45 p.m. | | |
| 9:45 p.m. | | | Squamish Men's Hockey | | | | |
| 10:00 p.m. | | | 9:45 pm - 11:00 pm | | | | |
| 10:15 p.m. | | | | | | | |
| 10:30 p.m. | | | | | | | Hill Top Hockey |
| 10:45 p.m. | Squamish Men's Hockey | | | Squamish Oldtimers | | Squamish Men's Hockey | 10:15 - 11:15 p.m. |
| 11:00 p.m. | 10:45 - 12:00 a.m. | Squamish Oldtimers | | 10:45 - 12:00 a.m. | Squamish Oldtimers | 10:45 - 12:00 a.m. | |
| 11:15 p.m. | | 11:00 pm -12:15 am | Squamish Men's Hockey | | 11:00 - 12:15 a.m. | | |
| 11:30 p.m. | | | 11:15 pm - 12:30 am | | | | |
| 11:45 p.m. | | | | | | | |
| 12:00 a.m. | | | | | | | |
| 12:15 a.m. | | | | | | | |
| 12:30 a.m. | | | | | | | |