



AGENDA Senior Citizen’s Recreation & Culture Advisory Committee

March 6th, 2023 11:00AM – 12:00PM The 55 Activity Centre

Participants: Corinne Lonsdale, David Gayton, Ross Dickson, Moira Biggin-Pound, Janice Tomich, Dave Nabi, François Morel, Christina Rupp, Janice DesJardins, Stephanie Brown (DOS), Tim Hoskin (DOS), Mandy Foster (DOS)

Facilitator: Tim **Recorder:** Stephanie

Purpose: The Committee will collaborate with and provide recommendations to staff on programs and Senior’s related issues connected to the 55+ Recreation and Culture Programming in Squamish. The Committee will advise on the delivery of recreation and culture across Brennan Park Recreation Centre, The 55 Activity Centre, and Westwind’s facility. (TOR)

Objectives: ... to increase the social well-being of 55+ community in Squamish. As well to:

- a. To provide a link to the 55+ community to engage in recommendations, proposals for new programs and accept feedback to improve recreation and culture with the District of Squamish,
- b. To identify barriers to access by 55+ community to recreation and cultural programs and services,
- c. To be inclusive of all community needs and interests and reflect a diverse range of groups and members.

Agenda:

ITEM	REQUIRED OUTCOME / ACTION
11:00 Welcome & Introductions	<ul style="list-style-type: none"> - Grab a coffee/tea – Place your Name Placard in front of you - Introductions & review of the Agenda
11-11:20 Seniors Information – Kiosk, Web,	<ul style="list-style-type: none"> - Review Program Process (Updates quarterly) - Senior’s Corner introduced into Rec Newsletter - Volunteers needed to compile list of community groups - Men’s Shed bulletin boards (how many?) - Info at facilities, web, Program Guide, News Letter, other
11-20 - 11:40 Activity Café	<ul style="list-style-type: none"> - Proposal from Active Boomers
11:40 - 11:50	<ul style="list-style-type: none"> - Update on Kitchen - Mandy -
11:50 Wrap-up	<ul style="list-style-type: none"> - Actions from last meeting reviewed - New Action items - assigned responsibilities; set delivery dates; - Next meeting date and location

LAST MEETING'S ACTION ITEMS:

By Whom	What	By When	Status
Communications Members	To incorporate a "Seniors' Corner" into the monthly Recreation newsletter (currently at 2520 subscriptions)	March	complete
DOS	Compile a list/directory of community groups relevant to seniors	TBA	Members
Janice D.	Directory of community groups (as provided by Members) to be posted to the DOS/rec website	TBA	Info required
Dave N.	To provide Literacy 101 details to Stephanie to pass along for inclusion in Rec. newsletter	ASAP	
Tim H.	To investigate having Mens' Shed build community bulletin boards for installation at non-DOS locations	For update in March	
Mandy F.	To investigate the cost of mailers as a communication channel	March	Not complete
Tim H.	To connect re: AVOID Frailty	March	
Tim H.	To reach out to HSWC to inquire about how they run their kitchen	March	
Mandy F.	To add a column to Programs Dashboard of price/visit		May Update
Tim H.	To investigate getting stats re: seniors swim/skate, hydrotherapy into the Programs Dashboard		May Update

MEETING OUTCOMES/ DECISIONS:

Who	What

NEW ACTION ITEMS:

By Whom	What	By When

Next meeting date: 11am Monday Mach 06, 2023 at The 55 Activity Centre