



Senior Citizen's Recreation & Culture Advisory Committee

The 55 Activity Centre – Art Room

Called to order at 11:03am Monday May 15, 2023

Participants: Ross Dickson, Corinne Lonsdale, David Gayton, Moira Biggin-Pound, Janice Tomich, Dave Nabi, François Morel, Janice DesJardins, Stephanie Brown (DOS), Tim Hoskin (DOS), Mandy Foster (DOS), Torri Hanson (DOS)

Absent: Christina Rupp

Facilitator: Tim **Recorder:** Stephanie

Purpose: The Committee will collaborate with and provide recommendations to staff on programs and Senior's related issues connected to the 55+ Recreation and Culture Programming in Squamish. The Committee will advise on the delivery of recreation and culture across Brennan Park Recreation Centre, The 55 Activity Centre, and Westwind's facility. (TOR)

Objectives: ... to increase the social well-being of 55+ community in Squamish. As well to:

- a. To provide a link to the 55+ community to engage in recommendations, proposals for new programs and accept feedback to improve recreation and culture with the District of Squamish,
- b. To identify barriers to access by 55+ community to recreation and cultural programs and services,
- c. To be inclusive of all community needs and interests and reflect a diverse range of groups and members.

LAST MEETING'S ACTION ITEMS:

By Whom	What	By When	Update
Members	Compile a list/directory of community groups relevant to seniors	TBA	Reverting to DOS to take this over for now
Moira B-P	To investigate the possibility of posting Senior-relevant information at Save-on-Foods	May meeting	SOF has a board that is senior-inclusive but they will not offer a board that is senior specific

- Winter Programs Dashboard; discussion around lack of programs for building bone density in seniors DOS does not currently have qualified staff for such, such programs are best served by Contract Instructors. (CIs); explanation of the CI revenue split model (70% to the CI, 30% to DOS)
- Discussion of channels for public engagement/input; workshopping of survey questions needed before moving forward
- Bulletin board report (Westwinds & The 55) with a focus on the potential of the Westwinds Kiosk
- Aim of eventually having the kiosk staffed – possibly by SASS staff/volunteers funded by grants
- DOS continues to work with Under One Roof regarding The 55 kitchen intension is to have an at-cost café while also using the space to expand their own operations to meet demand (i.e., Meals on Wheels)
- Squamish Active Seniors Society (SASS) update from Dave N – society would have two focuses: 1) And activity café in the Program Room – Front half twice a week (likely Mondays and Fridays) offering games a coffee and possibly prepared food sales, and 2) Managing the Westwinds Kiosk as a central Seniors Information Hub with a broad spectrum of resources. Soft launch planned for June, Hard launch in September
- Lawn bowling update by François M – anticipated opening mid-to-late July; two lanes, fully fenced; will be offered on a Contract Instructor-basis (with volunteers) who will manage the equipment

MEETING OUTCOMES/ DECISIONS:

Who	What
MF/SB	More context with next Programs Dashboard (Sep) for input solicitation
TH	Propose a meeting with VCH to discuss partnering on additional programs and keeping costs low
SB	Glass display case at The 55 will become a Senior information resource with contacts for most commonly- requested information and directing seniors to Westwinds kiosk (when ready)
DOS/Comm	Return the Community Groups Directory to the Program Guides
TH	Confirm with Operations that lawn bowling will be accessible

NEW ACTION ITEMS:

By Whom	What	By When
DOS	Post an ad for Contract Instructors (CI), specifically targeting those qualified to lead programs for building bone density in seniors	
MF	Send targeted CI ad to Janice D to send out to her connections	
SB	Send current Directory of Community Groups out to members to solicit additional contributions then compile and forward to Dave N./SASS for (TBA) Seniors' Information Kiosk in Westwinds	

Next meeting date: Tue Sep 12th at Westwinds – Program Room / Front half

Meeting (of Agenda items) adjourned: 12:09pm

Sandwiches and treats served.