

AGENDA Senior Citizen's Recreation & Culture Advisory Committee

Tue October 3rd, 2023 1:00pm – 2:00pm The 55 Activity Centre

Participants: Corinne Lonsdale, David Gayton, Ross Dickson, Moira Biggin-Pound, Janice Desjardins, Janice Tomich, Dave Nabi, Christina Rupp, François Morel, Stephanie Brown (DOS), Devon Guest (DOS), Mandy Foster (DOS), Keely Kidner (DOS)

Regrets: Ross Dickson, Janice Desjardins, Janice Tomich

Facilitator: Devon/Mandy **Recorder:** Stephanie

Purpose: The Committee will collaborate with and provide recommendations to staff on programs and Senior's related issues connected to the 55+ Recreation and Culture Programming in Squamish. The Committee will advise on the delivery of recreation and culture across Brennan Park Recreation Centre, The 55 Activity Centre, and Westwind's facility. (TOR)

Objectives: ... to increase the social well-being of 55+ community in Squamish. As well to:

- To provide a link to the 55+ community to engage in recommendations, proposals for new programs and accept feedback to improve recreation and culture with the District of Squamish,
- To identify barriers to access by 55+ community to recreation and cultural programs and services,
- To be inclusive of all community needs and interests and reflect a diverse range of groups and members.

Agenda:

ITEM	REQUIRED OUTCOME / ACTION
1:00 Welcome & Introductions	<ul style="list-style-type: none"> - Grab a coffee/tea – Place your Name Placard in front of you - Introductions & review of the Agenda
1:05 - 1:25	<ul style="list-style-type: none"> - Review Objectives/Terms of Reference for SCRCAC – function of the committee
1:25 – 1:40	<ul style="list-style-type: none"> - Age-Friendly Community Grant information – Keely Kidner (DOS)
1:40 – 1:53	<ul style="list-style-type: none"> - Brief review of 2023 Spring/Summer Program Dashboard (Updates quarterly) – Mandy (DOS) - List of Fall 55+ programs; needs assessment/gap analysis
1:53 – 1:55	<ul style="list-style-type: none"> - Update on Kitchen – Mandy
	<ul style="list-style-type: none"> - Activity Café (Dave Nabi)
1:55 – 2:00	<ul style="list-style-type: none"> - Lawn Bowling (Francois)
1:55 Wrap-up	<ul style="list-style-type: none"> - Actions from last meeting reviewed - New Action items - assigned responsibilities; set delivery dates; - Next meeting date and location

**LAST MEETING'S ACTION ITEMS:**

By Whom	What	By When
DOS	Post an ad for Contract Instructors (CI), specifically targeting those qualified to lead programs for building bone density in seniors	
MF	Send targeted CI ad to Janice D to send out to her connections	
SB	Send current Directory of Community Groups out to members to solicit additional contributions then compile and forward to Dave N./SASS for (TBA) Seniors' Information Kiosk in Westwinds	

MEETING OUTCOMES/ DECISIONS:

Who	What

NEW ACTION ITEMS:

By Whom	What	By When

Next meeting date: TBA