

Senior Citizen's Recreation & Culture Advisory Committee meeting minutes

Tue October 3rd, 2023

1:03pm – 2:15pm The 55 Activity Centre

Participants: Corinne Lonsdale, David Gayton, Ross Dickson, Moira Biggin-Pound, Janice Desjardins, Janice Tomich, Dave Nabi, Christina Rupp, François Morel, Stephanie Brown (DOS), Devon Guest (DOS), Mandy Foster (DOS), Keely Kidner (DOS)

Absent: Ross Dickson, Janice Desjardins, Janice Tomich, David Nabi

Facilitator: Devon **Recorder:** Stephanie


Purpose: The Committee will collaborate with and provide recommendations to staff on programs and Senior's related issues connected to the 55+ Recreation and Culture Programming in Squamish. The Committee will advise on the delivery of recreation and culture across Brennan Park Recreation Centre, The 55 Activity Centre, and Westwind's facility. (TOR)

Objectives: ... to increase the social well-being of 55+ community in Squamish. As well to:

- a. To provide a link to the 55+ community to engage in recommendations, proposals for new programs and accept feedback to improve recreation and culture with the District of Squamish,
- b. To identify barriers to access by 55+ community to recreation and cultural programs and services,
- c. To be inclusive of all community needs and interests and reflect a diverse range of groups and members.

Agenda:

ITEM	REQUIRED OUTCOME / ACTION
TOR	<p>Devon Guest invited comment on Terms of Reference and purpose of the committee;</p> <p>Members each responded with thoughts on the following:</p> <ul style="list-style-type: none"> - Current model does not align with common models, lacks representation and accountability; need to evaluate governance - Potential for committee's role to shift to strategic planning (looking ahead 2-3yrs) - Scope of the committee ("Recreation and Culture" overlap with social, health & wellness) - Some gains of the committee: free coffee (has had a cascading positive effect), printed Program Guide of 55+ programs, improved monthly calendar of 55+ programs, Seniors' corner in the newsletter, and – when operational – the Seniors Information Kiosk at Westwinds. <p>Clarification of the 'jurisdiction' of municipal amenities and programs is proactive/prevention as opposed to reactive</p> <p>Parks and Recreation Master Plan is getting revised with identified line to SCRCAC, subject to budget approval;</p> <p>Priorities moving forward will be to determine objectives before we (re)consider meeting frequency</p>



Age-Friendly Communities Grant	<p>Keely Kidner, Program Coordinator – Equity and Inclusion, presented:</p> <ul style="list-style-type: none"> - \$25,000 grant is for the creation of an official Age-Friendly Communities Plan - Plan development to start in 2024 - Plan will consider 2022 Seniors Programming Report - “Age-Friendly” is defined as a safe and healthy place to age - Age-Friendly plan will overlap with adopted Official Accessibility Plan bringing even more resources
2023 Programs review	This was emailed out to Members following the meeting due to time constraints
Kitchen update	Working with Squamish Helping Hands Society/Under One Roof to finalize an agreement that will include food service to the public; the Society has had a change in Leadership who is diligently considering all their objectives and most efficient ways to proceed
Activity Café	No update
Lawn Bowling Greens	Heavy equipment is on site and it is moving forward

LAST MEETING’S ACTION ITEMS:

By Whom	What	Update
DOS	Post an ad for Contract Instructors (CI), specifically targeting those qualified to lead programs for building bone density in seniors	Done
MF	Send targeted CI ad to Janice D to send out to her connections	Done
SB	<p>Send current Directory of Community Groups out to members to solicit additional contributions</p> <ul style="list-style-type: none"> - compile and forward to Dave N./SASS for (TBA) Seniors’ Information Kiosk in Westwinds 	<p>Emailed May 17</p> <ul style="list-style-type: none"> - no replies

MEETING OUTCOMES/ DECISIONS:

Who	What
Members/D.Guest	<ul style="list-style-type: none"> - Consider governance models as appropriate for this committee - Determine committee objectives and priorities
D. Guest	Consult w/ Megan Latimer about overall integration of plans

NEW ACTION ITEMS:

By Whom	What	By When
Keely Kidner	Forward details of the grant and other communities Age-Friendly plans	Done

Next meeting date: Monday November 6th @ 12-1:30pm at The 55