



MINUTES - Senior Citizens' Recreation & Culture Advisory Committee

Black Tusk Room, Brennan Park Recreation Centre

Called to order at 11:04am / January 23, 2023

Participants: Corinne Lonsdale, David Gayton, Moira Biggin-Pound, Janice Tomich, Dave Nabi, François Morel, Christina Rupp, Janice DesJardins, Stephanie Brown (DOS), Tim Hoskin (DOS), Mandy Foster (DOS), Rachel Boguski (DOS)

Absent: Ross Dickson

Facilitator: Tim **Recorder:** Stephanie

Purpose: The Committee will collaborate with and provide recommendations to staff on programs and Senior's related issues connected to the 55+ Recreation and Culture Programming in Squamish. The Committee will advise on the delivery of recreation and culture across Brennan Park Recreation Centre, The 55 Activity Centre, and Westwind's facility. (TOR)

Objectives: ... to increase the social well-being of 55+ community in Squamish. As well to:

- To provide a link to the 55+ community to engage in recommendations, proposals for new programs and accept feedback to improve recreation and culture with the District of Squamish,
- To identify barriers to access by 55+ community to recreation and cultural programs and services,
- To be inclusive of all community needs and interests and reflect a diverse range of groups and members.

LAST MEETING'S ACTION ITEMS:

By Whom	What	By When	Update
DOS	Discussion of Westwinds Kiosk – filling with community-wide events and programs	November Meeting	In progress
DOS	Send email re: contact sharing confirmation	Jan Meeting	In progress
DOS	provide printouts of steering report for members	Jan Meeting	completed
Members	Reminder that committee members familiarize report	Jan Meeting	completed
Tim	Review and make suggestions to Committee on how to tap into energy/enthusiasm beyond scope of TOR	Jan Meeting	ongoing

- Discussion about ease-of-use of various communications/marketing channels led by Rachel Boguski
- Discussion around available DOS/Rec spaces and programming for each location
- Reviewed the program process >> addition from the last meeting of the “hopper” (ideas) that feed into the process
- Reviewed Programs Dashboard as an example of a tool used in the quarterly “review” stage
- Second part of the meeting was an opportunity for members to freely discuss (unfacilitated) topics outside of DOS control

MEETING OUTCOMES/ DECISIONS:

Who	What
Communications	Standing offer to support the communications of a 'meet & greet' for community groups to gather/network; media would be invited
Members	The DOS should make improvements to website navigability
DOS	Printed materials re: programming (including Program Guide) to be readily available at The 55
Members	Regarding the 55+ Recreation & Culture Programming Engagement Summary Report recommendations on <i>What Program Should Occur Where</i> (55, WW, BPRC). The intent is that these are guidelines and there must be flexibility when choosing Program locations. Considerations include space availability, space appropriateness, instructor needs, and customer feedback. In short, the intent is that the program should not be moved or not initiated based on location recommendations in the Summary Report alone.

NEW ACTION ITEMS:

By Whom	What	By When
Communications	To incorporate a "Seniors' Corner" into the monthly Recreation newsletter (currently at 2520 subscriptions)	March
Members	Compile a list/directory of community groups relevant to seniors	TBA
DOS	Directory of community groups (as provided by Members) to be posted to the DOS/rec website	TBA
Janice D.	To provide <i>Literacy 101</i> details to Stephanie to pass along for inclusion in Rec. newsletter	ASAP
Dave N.	To investigate having Mens' Shed build community bulletin boards for installation at non-DOS locations	For update in March
Tim H.	To investigate the cost of mailers as a communication channel	March
Mandy F.	To connect re: AVOID Frailty	March
Tim H.	To reach out to HSWC to inquire about how they run their kitchen	March
Tim H.	To add a column to Programs Dashboard of price/visit	
Mandy F.	To investigate getting stats re: seniors swim/skate, hydrotherapy into the Programs Dashboard	

Next meeting date: 11am Monday Mach 06, 2023 at The 55 Activity Centre

Meeting (of Agenda items) adjourned: 12:11pm