

Senior Citizen's Recreation & Culture Advisory Committee

The 55 Activity Centre – Art Room

Called to order at 11:04am Monday, March 6, 2023

Participants: Ross Dickson, Corinne Lonsdale, David Gayton, Moira Biggin-Pound, Janice Tomich, Dave Nabi, François Morel, Christina Rupp, Janice DesJardins, Stephanie Brown(DOS), Tim Hoskin (DOS), Mandy Foster (DOS)

Absent: None

Facilitator: Tim **Recorder:** Stephanie

Purpose: The Committee will collaborate with and provide recommendations to staff on programs and Senior's related issues connected to the 55+ Recreation and Culture Programming in Squamish. The Committee will advise on the delivery of recreation and culture across Brennan Park Recreation Centre, The 55 Activity Centre, and Westwind's facility. (TOR)

Objectives: ... to increase the social well-being of 55+ community in Squamish. As well to:

- To provide a link to the 55+ community to engage in recommendations, proposals for new programs and accept feedback to improve recreation and culture with the District of Squamish,
- To identify barriers to access by 55+ community to recreation and cultural programs and services,
- To be inclusive of all community needs and interests and reflect a diverse range of groups and members.

LAST MEETING'S ACTION ITEMS:

| By Whom | What | By When | Update |
|------------------|---|---------------------|--|
| Communications | To incorporate a "Seniors' Corner" into the monthly Recreation newsletter (currently at 2520 subscriptions) | March | done |
| Members | Compile a list/directory of community groups relevant to seniors | TBA | In progress |
| DOS | Directory of community groups (as provided by Members) to be posted to the DOS/rec website | TBA | Awaiting compiled list |
| Janice D. | To provide <i>Literacy 101</i> details to Stephanie to pass along for inclusion in Rec. newsletter | ASAP | done |
| Dave N./ David G | To investigate having Mens' Shed build community bulletin boards for installation at non-DOS locations | For update in March | done |
| Tim H. | To investigate the cost of mailers as a communication channel | March | In progress |
| Mandy F. | To connect re: AVOID Frailty | March | Awaiting follow-up |
| Tim H. | To reach out to HSWC to inquire about how they run their kitchen | March | Mandy updated; potential partnership w/ SHHS |
| Tim H. | To add a column to Programs Dashboard of price/visit | For update in May | Dashboard will be available quarterly |
| Mandy F. | To investigate getting stats re: seniors swim/skate, hydrotherapy into the Programs Dashboard | For update in May | In progress |

- Clarification of which groups to be included in the curated list to be posted at the Seniors' Information Hub/ kiosk(s): groups that are 'open' to new members, formal status not required
- Bulletin boards, similar to the one at the library (photo provided) can be made by Men's Shed for cost, including a lock; depending on the placement of boards, locks may not be required and less sturdy/weather-tolerant models available for lower price at Walmart.
- Discussion around potential locations of the six (6) boards (see OUTCOMES)
- Discussion around the readability of The 55 calendar; recommend colour-coding to differentiate between locations of programs; differentiation between DoS and user group programs is irrelevant
- Presentation by Dave Nabi of a preliminary proposal to offer an Activity Café to the greater 55+ community in DoS-leased space at Westwinds Program Room – front half. Official proposal is still in the works but some components to include:
 - 9am – 2pm twice weekly (Friday and TBD)
 - 8 tables, each with an activity plus another (carpet bowling/cornhole/ping pong)
 - Use of the kitchen to stage delivered food (no food prep to take place on site)
 - To be priced low/break-even point
 - To be coordinated/facilitated by volunteers
- Discussion about Activity Café identified: a need for it to be distinct and branded separately from SSCS, a need to explore different funding models, grants, & resources, a need for a new volunteer model for recruitment
- Mandy updated on a potential new partnership with Squamish Helping Hands Society to use the kitchen as well as offer a seniors-oriented satellite food bank; Health Inspector is coming later this week to determine what is needed to be operational.
- Discussion about the need for Makers' Spaces in town for all sorts of user groups / possible fit with Squamish Arts; to be included/considered in future facilities audit

MEETING OUTCOMES/ DECISIONS:

| Who | What |
|-----|---|
| ALL | Bulletin board agreed locations: <ul style="list-style-type: none"> - Brennan Park - Westwinds - The 55 Activity Centre - Library - Hilltop (Hilltop Family board) - Shannon Falls Each of these have a level of control/maintainability either by DOS staff or members |
| Tim | Suggested item for next Agenda: <ul style="list-style-type: none"> - Opportunities for seniors who are still working (and therefore not available during the day) - Makers' Spaces - Westwinds Seniors Hub information kiosk - Volunteers (recruiting and retaining) |

NEW ACTION ITEMS:

| By Whom | What | By When |
|----------------|--|----------------|
| Moira B-P | To investigate the possibility of posting Senior-relevant information at Save-on-Foods | TBA |
| | | |
| | | |

Next meeting date: TBA

Meeting (of Agenda items) adjourned: 12:12pm