

Super Smarts

SUPER Road Cycle Safety

Signs: Use your hand-signals when turning, slowing down or stopping. Follow all posted signs and obey the traffic laws.

Urban Awareness: See and be seen! Be aware of your surroundings and always leave one door length of space when riding next to parked cars. Wear light or bright coloured clothing, and use your lights and reflectors in low-light and at night.

Protection: It's the law to wear your helmet when riding – plus it protects your brain!

Eye Contact: It's key! Make eye contact with other road users such as drivers and cyclists, especially when crossing intersections.

Right Hand Side: Ride single file and as far to the right hand side of the road as practical

Use Your Street SMARTS

Sidewalks: Walk on the sidewalk, if possible. Stay on the inside edge, and stand back from the curb when waiting to cross the street. No sidewalk? Walk facing traffic so you can see approaching vehicles.

Music-Aware: Remove an ear piece before you cross the street, walk in less populated areas, or on a trail where there may be wildlife.

Attention: Look out for moving vehicles at driveways, back lanes, and in parking lots.

Road Crossing: Always cross at an intersection or crosswalk if available. Make eye contact with the drivers to make sure you are seen. Be bold, extend your arm to indicate you want to cross!

Team-Up: It is safer and fun to walk to school with other family members or friends.

Stranger-Aware: On no account ever go with a stranger. Practice and remember a special family password that only a trusted adult knows. With your family, identify safe places to go for help.

Your School Neighbourhood

Drive to Five — Minutes or More Walk to School

P Look for this location on your best routes to school map

Too far to walk and cycle? Help relieve traffic congestion around your school and park legally at least five minutes away from the school entrance.

Ride Transit

Bus Look for bus stops close to school on your best routes to school map

Transit can be fun! Families can take the route together a few times before it becomes a solo trip. Remember the bus driver is your friend, sit close to them and they can help.

For transit to school, work or play visit BC Transit at bctransit.com/squamish/home

Biking Everyday

Let's bike, rain or shine!

Improved bike infrastructure is helping make biking possible everyday. Follow the Super Road Cycle Safety rules, and use Squamish Trails and Bikeways if they are on your route to school.

Skip the traffic and enjoy a little extra active time outside in our scenic mountain surroundings.

Be Bright at Night

Fall and winter means darker days and the need for extra vigilance as students and families walk, bike and drive. The District of Squamish has installed more countdown timers at crosswalks to help pedestrian safety, and dressing in light and bright colours as you walk and bike helps too.

See Tracks? Think Train!

Be especially careful at railway crossings. Remember to look both ways and don't linger on the tracks.

E-Mobility

It is illegal to ride an e-scooter or regular e-bike if you are under 16 years old. Regular bikes and scooters are great for elementary age kids!

Why Walk or Bike to School?

Benefits for Students

BEING ACTIVE BUILDS HEALTHY BONES AND MINDS. Walking or biking to school is not only a great way to be healthy and keep moving but has also shown to increase alertness and grades at school.

Family and Friend Time

TIME SPENT WALKING TOGETHER allows families and friends to connect without stressful distractions. It is a time to unwind, play or share stories about each other's day.

Community Livability

KNOW YOUR COMMUNITY. Walking and cycling is a great way to meet your neighbours. People feel safer when they know other people in their community.

Care for Our Earth

VEHICLE EMISSIONS ARE THE LARGEST CAUSE OF POOR AIR QUALITY IN BC and are individual Canadians' greatest source of green house gas emissions. Every vehicle trip replaced by walking reduces our contribution to climate change.

Best Routes to School are developed based on information we've received from parents, your school community and the City's transportation department. They are chosen to use the safest crossing points and to enable more people to walk and cycle together.

To find out more about safe, active trips to school visit:

squamish.ca/safe-routes

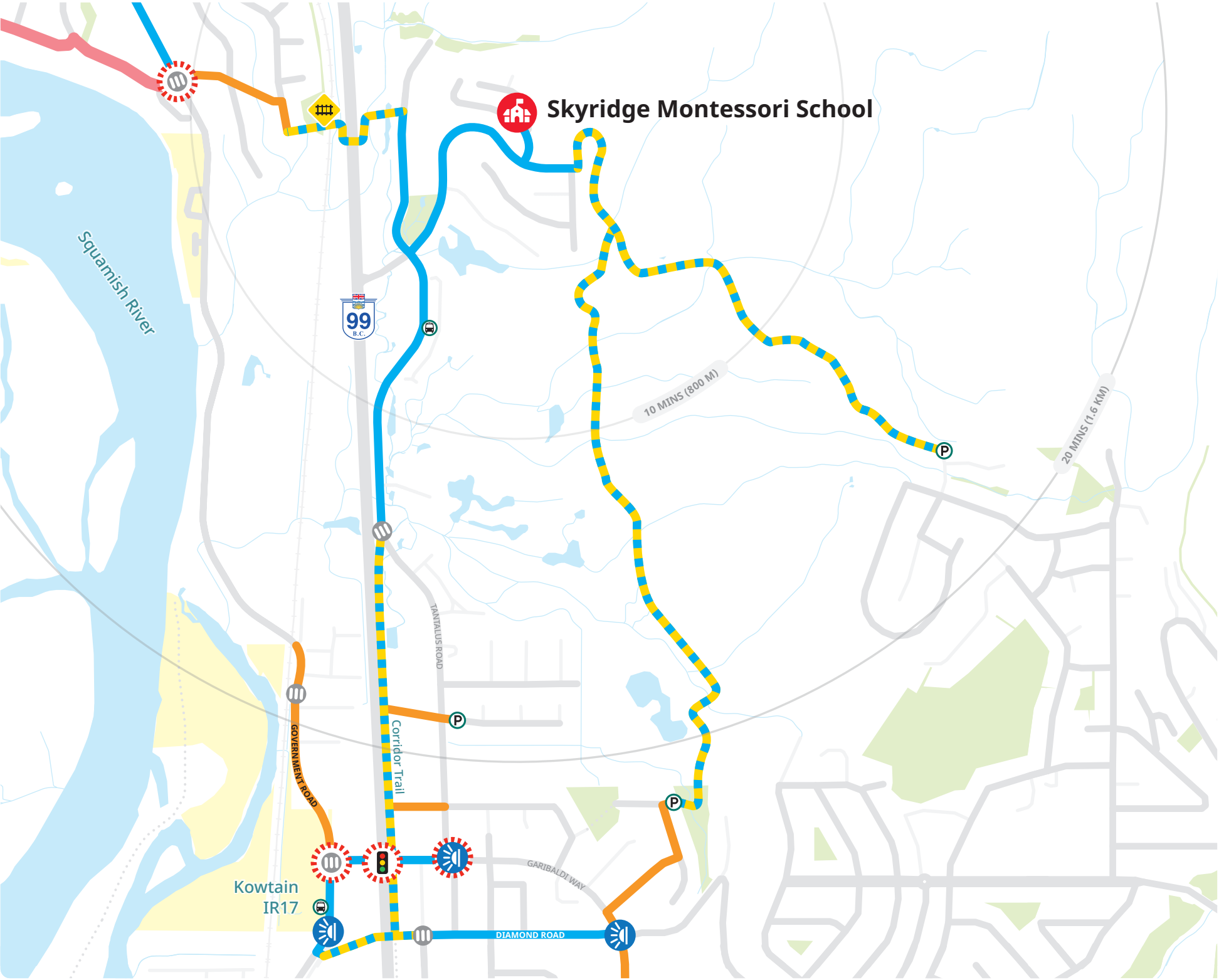



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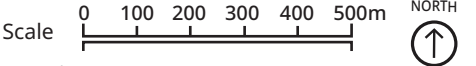
**Safe Routes
to School**
**Skyridge Montessori
School**

Skyridge Montessori School

Safe Routes



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