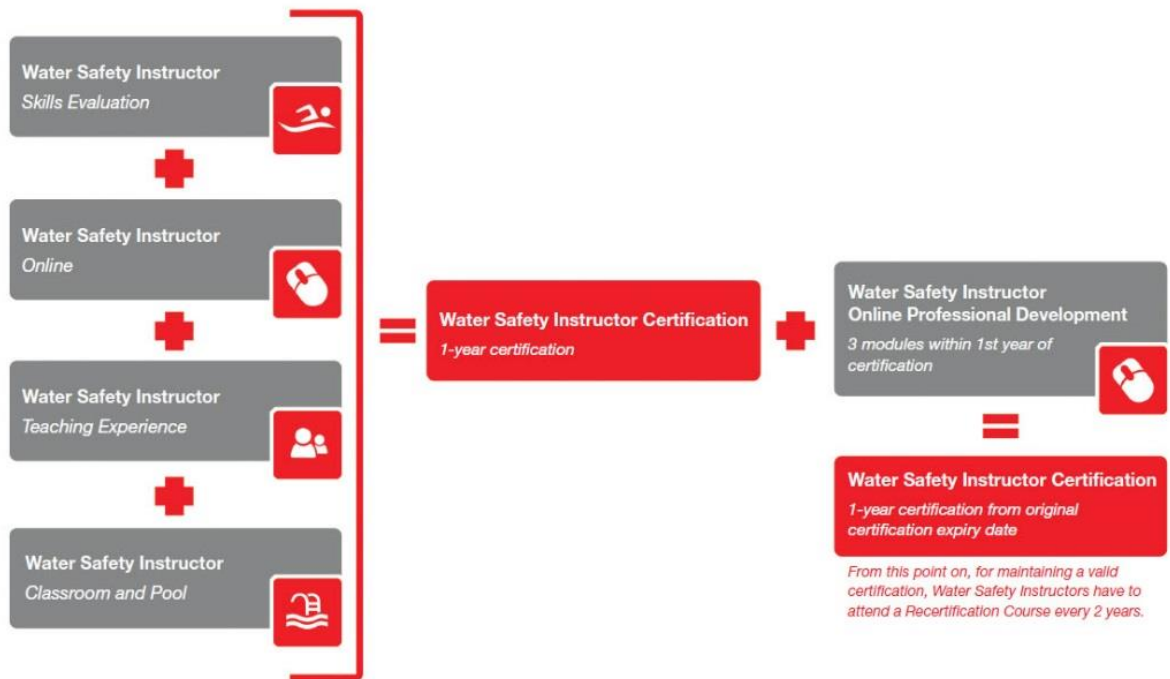


**INSTRUCTOR DEVELOPMENT PROGRAM**  
**Water Safety Instructor Certification**



**Summer 2016 Water Safety Instructor (WSI) at Brennan Park Recreation Centre**

**100% attendance is mandatory for completion of Module 1, 3 & 4**  
 Module 2 is completed at home

|          |                      |                |                 |
|----------|----------------------|----------------|-----------------|
| Module 1 | Skills Evaluation    | July 5         | 9:00am - 1:00pm |
| Module 2 | Online Learning      | July 6-Aug 12  | 20 hours        |
| Module 3 | Teaching Experience* | July 18-Aug 26 | 8+ hours        |
| Module 4 | Classroom and Pool   | Aug 29–Sept 2  | 9:00am - 2:00pm |

**Candidates are in the water for Modules 1, 3, and 4. Please ensure to bring your bathing suit and towels to these sessions.**

\* Module 3 - Teaching Experience

There are three swim lesson sets in this timespan & you participate in one of them:

Set 2 – July 18-29

Set 3 – Aug 2-12

Set 4 – Aug 15-26

Motivated individuals can complete their online module from July 6 – 15 and make arrangements to do their teaching experience in Set 2. Depending on the total number registered in the WSI program, the remaining individuals will be assigned to either Set 3 or Set 4. You must have completed the online module before you start your teaching experience. We have structured the timeline for Module 2 & 3 to try to maximize an individual's ability to successfully complete the course around summer vacation plans.

The teaching experience does not need to be completed at Brennan Park Recreation Centre. For example, if you intend to come from Whistler for Module 1 & 4 you can contact Meadow Park Rec Centre to ask about practice teaching with them. If so, speak directly with Meadow Park aquatic supervisory staff about their ability to supervise your practice teaching before registering with us. Regardless of your home town, we have room for anyone who takes Module 1 & 4 with us to fit into one of the three lesson sets this summer at Brennan Park.

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**Please read this next section to ensure you understand what you are committing to. If you do not complete a component on time, you are not able to move into the next Module and we are not able to refund you any portion of your program fee.**

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**MODULE 1 - Skills Evaluation – 4 hours** - You show us that you can do all the strokes & skills that are taught in swim lessons. We also assess your ability to respond to an emergency in swim lessons (demonstrating things you will have learned in first aid courses, Bronze Medallion / Cross or your National Lifeguard course). This session will also include introductory information to the program as well as your manual and access code for the online module.

To review the strokes and skills criteria, please click here {link to Red Cross's 7 page Skills Evaluation worksheet}. If you are not successful at all items at the Skills Evaluation session, the course Instructor will talk to you about options such as private lessons so you can master all items and can then be re-evaluated. There is no limit to the number of attempts you can have to complete this component. The only limit is that participants must successfully complete all skill evaluation items prior to the start of the classroom component.

**MODULE 2 – Online – Approximately 20 hours** - This module focusses on the theories of effective water safety instruction. You work through the 15 chapters at your own pace – there are activities, videos, games & then a knowledge evaluation at the end of each chapter. You are provided with a course workbook that has questions to be answered as you work through the sections. The online module is self-directed but participants will be given contact information as part of their package so they can contact the course Instructor if help is needed. It is estimated to take 20 hours but that depends on the individual learner. When you complete the online program, you print out a confirmation of completion, bring it to the facility / Instructor, get your swim level assignments and then prepare for your teaching experience.

**MODULE 3 – Teaching Experience – 8+ hours** – you are in the water with experienced, certified Water Safety Instructors (WSI) and their classes for a minimum of 8 hours. Red Cross requires a minimum of 4

hours working with Preschool levels and 4 hours working with School Age levels. We **strongly** recommend committing to an entire lesson set (10 to 20 hours depending on if you'd like to do 1 or 2 hours per day) so that you get to experience a complete swim level from day 1 to day 10. Participating in a full lesson set better prepares you for understanding the progressive learning of students as well as how to effectively evaluate and track individual student progress and how to complete progress memos. There are also assignments for you to complete as part of your teaching experience. Keep all documentation that you create from this module for reference in Module 4 (ie. Lesson plans, worksheets, your journal). When finished this module, the WSI completes a form for you to present to your Module 4 Instructor.

**MODULE 4 – Classroom and Pool – 21 hours** – this is the opportunity to combine all your learning from the online and practice teaching modules. The course Instructor will take you through a more in-depth look at strategies for planning, teaching, developing and evaluating swimming and water safety skills. You will also prepare and present a variety of practice-teaching exercises for your classmates. When you successfully complete the 4<sup>th</sup> module, you are certified for one year.

**NEXT STEPS – 3 additional online modules** – complete 3 professional development modules during your first year being certified and you will receive a new WSI certification valid for a 2<sup>nd</sup> year. After that, you attend a 4 or 5 hour recertification course every 2 years.