



SQUAMISH

HARDWIRED *for* ADVENTURE

EMERGENCY GRAB & GO BAG (INDIVIDUAL)

If you have to leave your home immediately during an emergency, you need a Grab & Go bag to see you through the next 12-24 hours. Personalize Grab & Go bags for each member of your family, including infants and pets. Store your supplies in a backpack so you are free to carry other items, hold a child's hand or assist someone else. If you have mobility issues, use a bag on wheels or make a plan with your friends and family for assistance. Consider what you can comfortably carry. Check out [Prepare Squamish](#) for more information on preparedness. Always remember to take your cell phone with you.

Suggested Items:

- Food & snacks (*ready to eat*)
- Bottled water
- Flashlights (*consider a headlamp to keep hands free*)
- AM/FM Radio (*battery powered or crank*)
- Batteries for flashlight and radio
- Medications
- Extra clothes (*think season*)
- Emergency blanket and rain poncho
- Pen and small notepad
- Phone charger and battery bank
- Personal toiletries
- Book/game/toys
- Small first aid kit
- Extra pair of eyeglasses
- Emergency cash in small denominations
- Local map
- Whistle
- Out of area contact card
- Copy of important documents, pictures etc. (*Consider using a USB drive or external hard drive*)

PET GRAB & GO BAG

Suggested Items:

- Portable kennel or cage (*which can be used to store all pet supplies*)
- Food
- Water
- Plastic bags to collect and dispose of wastes
- Food and water dishes
- Pet toys and treats
- Collar, chain, leash or harness
- Pet health and vaccination records
- Blanket
- Picture of your pet
- Copies of important documents such as pet care, pet vaccines etc.